



38. Alteburglauf
Arnstadt / 04.05.2016

Detailed evaluation

Ringl, Steffen

Club: Ilmenau
Number: 230

Course: 10.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 51:49

Speed: 11.58 km/h
Running performance: 5:11 min/km

Rank in course/Total: 82 (of 125)

Rank in course/Men: 75 (of 100)

Best time in course: 36:12

Rank in category: 12(of 14)

Best time in the category: 36:12