



38. Alteburglauf  
Arnstadt / 04.05.2016

Detailed evaluation

Hille, Helmut

Club: Laufftreff Alteburg Arnstadt  
Number: 213

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 52:06

Speed: 11.52 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 84 (of 125)

Rank in course/Men: 77 (of 100)

Best time in course: 36:12

Rank in category: 6(of 7)

Best time in the category: 43:16