



38. Alteburglauf
Arnstadt / 04.05.2016

Detailed evaluation

Bähr, Thomas

Club: Traktor Rehestädt
Number: 286

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 52:11

Speed: 11.50 km/h
Running performance: 5:13 min/km

Rank in course/Total: 87 (of 125)

Rank in course/Men: 80 (of 100)

Best time in course: 36:12

Rank in category: 10(of 12)

Best time in the category: 42:51