



38. Alteburglauf  
Arnstadt / 04.05.2016

## Detailed evaluation

**Erdmann, Stefanie**

Club: LSV Lok Arnstadt  
Number: 194

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 52:47

Speed: 11.37 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 90 (of 125)

Rank in course/Women: 9 (of 25)

Best time in course: 44:56

Rank in category: 1(of 1)

Best time in the category: 52:47