



38. Alteburglauf  
Arnstadt / 04.05.2016

## Detailed evaluation

**Grosser, Ulrike**

Club: BARMER-GEK  
Number: 205

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 53:15

Speed: 11.27 km/h  
Running performance: 5:19 min/km

Rank in course/Total: 95 (of 125)

Rank in course/Women: 11 (of 25)

Best time in course: 44:56

Rank in category: 2(of 6)

Best time in the category: 51:24