



38. Alteburglauf
Arnstadt / 04.05.2016

Detailed evaluation

Prescher, Frank

Club: USV Erfurt
Number: 229

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 53:43

Speed: 11.17 km/h
Running performance: 5:22 min/km

Rank in course/Total: 96 (of 125)

Rank in course/Men: 85 (of 100)

Best time in course: 36:12

Rank in category: 8(of 8)

Best time in the category: 40:26