



38. Alteburglauf
Arnstadt / 04.05.2016

Detailed evaluation

Senff, Theresa

Number: 323

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 53:53

Speed: 11.14 km/h
Running performance: 5:23 min/km

Rank in course/Total: 98 (of 125)

Rank in course/Women: 12 (of 25)

Best time in course: 44:56

Rank in category: 3(of 5)

Best time in the category: 49:59