



38. Alteburglauf
Arnstadt / 04.05.2016

Detailed evaluation

Kolarzik, Jürgen

Number: 325

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 53:53

Speed: 11.14 km/h

Running performance: 5:23 min/km

Rank in course/Total: 99 (of 125)

Rank in course/Men: 87 (of 100)

Best time in course: 36:12

Rank in category: 14(of 16)

Best time in the category: 36:55