



38. Alteburglauf
Arnstadt / 04.05.2016

Detailed evaluation

Hahnemann, Norbert

Club: SG Motor Arnstadt
Number: 207

Course: 10.00 km
Hauptlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 55:00

Speed: 10.91 km/h
Running performance: 5:30 min/km

Rank in course/Total: 105 (of 125)

Rank in course/Men: 91 (of 100)

Best time in course: 36:12

Rank in category: 7(of 7)

Best time in the category: 43:16