



38. Alteburglauf
Arnstadt / 04.05.2016

Detailed evaluation

Ritze, Detlef

Club: Lauftreff Alteburg Arnstadt
Number: 231

Course: 10.00 km
Hauptlauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 57:45

Speed: 10.39 km/h
Running performance: 5:47 min/km

Rank in course/Total: 109 (of 125)

Rank in course/Men: 94 (of 100)

Best time in course: 36:12

Rank in category: 3(of 3)

Best time in the category: 48:55