



38. Alteburglauf  
Arnstadt / 04.05.2016

## Detailed evaluation

Raab, Marina

Number: 341

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 1:00:44

Speed: 9.88 km/h

Running performance: 6:04 min/km

Rank in course/Total: 116 (of 125)

Rank in course/Women: 18 (of 25)

Best time in course: 44:56

Rank in category: 2(of 2)

Best time in the category: 48:36