



38. Alteburglauf  
Arnstadt / 04.05.2016

## Detailed evaluation

**Böhm, Jasmin**

Club: Langewiesen  
Number: 187

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:09:43

Speed: 8.61 km/h  
Running performance: 6:58 min/km

Rank in course/Total: 122 (of 125)

Rank in course/Women: 23 (of 25)

Best time in course: 44:56

Rank in category: 4(of 4)

Best time in the category: 50:05