



38. Alteburglauf
Arnstadt / 04.05.2016

Detailed evaluation

Erbe, Dieter

Number: 310

Course: 10.00 km
Hauptlauf

Category:
Senioren M75 (75-79 Jahre)

Total time: 1:10:34

Speed: 8.50 km/h

Running performance: 7:04 min/km

Rank in course/Total: 123 (of 125)

Rank in course/Men: 100 (of 100)

Best time in course: 36:12

Rank in category: 2(of 2)

Best time in the category: 57:48