



4. Arnstädter Alteburgstaffel

Arnstadt / 25.05.2016

Detailed evaluation

RSV Adler Arnstadt

Club: RSV Adler Arnstadt

Number: 28

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 25:45

Speed: 13.98 km/h

Running performance: 4:17 min/km

Rank in course: 1 (of 37)

Best time in course: 25:45

Rank in category: 1(of 37)

Best time in the category: 25:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:23	4:29	8	1:16	8	1:16	1.20	5:23	4:29	8	1:16	8	1:16
Wechsel	1.20	5:12	4:20	2	0:14	2	0:14	2.40	10:35	4:24	4	0:38	4	0:38
Wechsel	1.20	5:01	4:10	1	-	1	-	3.60	15:36	4:20	1	-	1	-
Wechsel	1.20	5:29	4:34	4	0:22	4	0:22	4.80	21:05	4:23	1	-	1	-
Finish	1.20	4:40	3:53	1	-	1	-	6.00	25:45	4:17	1	-	1	-