



# 4. Arnstädter Alteburgstaffel

Arnstadt / 25.05.2016

## Detailed evaluation

### Arnstadt läuft...

Club: Arnstadt läuft...

Number: 4

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 33:21

Speed: 10.79 km/h

Running performance: 5:34 min/km

Rank in course: 18 (of 37)

Best time in course: 25:45

Rank in category: 18(of 37)

Best time in the category: 25:45

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:09	4:17	6	1:02	6	1:02	1.20	5:09	4:17	6	1:02	6	1:02
Wechsel	1.20	8:22	6:58	30	3:24	30	3:24	2.40	13:31	5:37	18	3:34	18	3:34
Wechsel	1.20	5:16	4:23	2	0:15	2	0:15	3.60	18:47	5:13	11	3:11	11	3:11
Wechsel	1.20	8:48	7:20	32	3:41	32	3:41	4.80	27:35	5:44	18	6:30	18	6:30
Finish	1.20	5:46	4:48	8	1:06	8	1:06	6.00	33:21	5:33	18	7:36	18	7:36