



4. Arnstädter Alteburgstaffel

Arnstadt / 25.05.2016

Detailed evaluation

Die Laufmaschen

Club: Die Laufmaschen

Number: 8

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 39:35

Speed: 9.09 km/h

Running performance: 6:36 min/km

Rank in course: 30 (of 37)

Best time in course: 25:45

Rank in category: 30(of 37)

Best time in the category: 25:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Wechsel	1.20	8:19	6:55	35	4:12	35	4:12	1.20	8:19	6:55	35	4:12	35	4:12
Wechsel	1.20	6:35	5:29	11	1:37	11	1:37	2.40	14:54	6:12	24	4:57	24	4:57
Wechsel	1.20	8:25	7:00	29	3:24	29	3:24	3.60	23:19	6:28	26	7:43	26	7:43
Wechsel	1.20	8:36	7:10	30	3:29	30	3:29	4.80	31:55	6:38	27	10:50	27	10:50
Finish	1.20	7:40	6:23	31	3:00	31	3:00	6.00	39:35	6:35	30	13:50	30	13:50