



4. Arnstädter Alteburgstaffel

Arnstadt / 25.05.2016

Detailed evaluation

Running Gag

Club: Running Gag

Number: 29

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 28:42

Speed: 12.54 km/h

Running performance: 4:47 min/km

Rank in course: 4 (of 37)

Best time in course: 25:45

Rank in category: 4(of 37)

Best time in the category: 25:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Wechsel	1.20	4:10	3:28	2	0:03	2	0:03	1.20	4:10	3:28	2	0:03	2	0:03	
Wechsel	1.20	6:24	5:20	9	1:26	9	1:26	2.40	10:34	4:24	3	0:37	3	0:37	
Wechsel	1.20	6:55	5:45	18	1:54	18	1:54	3.60	17:29	4:51	6	1:53	6	1:53	
Wechsel	1.20	5:23	4:29	2	0:16	2	0:16	4.80	22:52	4:45	4	1:47	4	1:47	
Finish	1.20	5:50	4:51	9	1:10	9	1:10	6.00	28:42	4:46	4	2:57	4	2:57	