



4. Arnstädter Alteburgstaffel

Arnstadt / 25.05.2016

Detailed evaluation

RSV Adler Arnstadt 2

Club: RSV Adler Arnstadt 2

Number: 37

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 29:43

Speed: 12.11 km/h

Running performance: 4:57 min/km

Rank in course: 6 (of 37)

Best time in course: 25:45

Rank in category: 6(of 37)

Best time in the category: 25:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Wechsel	1.20	5:46	4:48	13	1:39	13	1:39	1.20	5:46	4:48	13	1:39	13	1:39	
Wechsel	1.20	6:59	5:49	16	2:01	16	2:01	2.40	12:45	5:18	13	2:48	13	2:48	
Wechsel	1.20	5:35	4:39	4	0:34	4	0:34	3.60	18:20	5:05	9	2:44	9	2:44	
Wechsel	1.20	5:07	4:15	1	-	1	-	4.80	23:27	4:53	5	2:22	5	2:22	
Finish	1.20	6:16	5:13	16	1:36	16	1:36	6.00	29:43	4:57	6	3:58	6	3:58	