



4. Arnstädter Alteburgstaffel

Arnstadt / 25.05.2016

Detailed evaluation

Liberales Laufteam

Club: Liberales Laufteam

Number: 25

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 29:50

Speed: 12.07 km/h

Running performance: 4:58 min/km

Rank in course: 7 (of 37)

Best time in course: 25:45

Rank in category: 7(of 37)

Best time in the category: 25:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
Wechsel	1.20	5:50	4:51	16	1:43	16	1:43	1.20	5:50	4:51	16	1:43	16	1:43
Wechsel	1.20	5:43	4:45	4	0:45	4	0:45	2.40	11:33	4:48	7	1:36	7	1:36
Wechsel	1.20	6:18	5:15	10	1:17	10	1:17	3.60	17:51	4:57	8	2:15	8	2:15
Wechsel	1.20	5:58	4:58	10	0:51	10	0:51	4.80	23:49	4:57	7	2:44	7	2:44
Finish	1.20	6:01	5:00	11	1:21	11	1:21	6.00	29:50	4:58	7	4:05	7	4:05