



4. Arnstädter Alteburgstaffel

Arnstadt / 25.05.2016

Detailed evaluation

Liberales Laufteam

Club: Liberales Laufteam

Number: 25

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 29:50

Speed: 12.07 km/h

Running performance: 4:58 min/km

Rank in course: 7 (of 37)

Best time in course: 25:45

Rank in category: 7(of 37)

Best time in the category: 25:45

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos | | Behind | | Total km | Total Time | Total min/km | Pos | | Behind | |
|---------|-------------|---------------|-----------------|------|------|--------|-------|-------------|---------------|-----------------|------|------|--------|-------|
| | | | | Cat. | Cat. | Total | Total | | | | Cat. | Cat. | Total | Total |
| Wechsel | 1.20 | 5:50 | 4:51 | 16 | 1:43 | 16 | 1:43 | 1.20 | 5:50 | 4:51 | 16 | 1:43 | 16 | 1:43 |
| Wechsel | 1.20 | 5:43 | 4:45 | 4 | 0:45 | 4 | 0:45 | 2.40 | 11:33 | 4:48 | 7 | 1:36 | 7 | 1:36 |
| Wechsel | 1.20 | 6:18 | 5:15 | 10 | 1:17 | 10 | 1:17 | 3.60 | 17:51 | 4:57 | 8 | 2:15 | 8 | 2:15 |
| Wechsel | 1.20 | 5:58 | 4:58 | 10 | 0:51 | 10 | 0:51 | 4.80 | 23:49 | 4:57 | 7 | 2:44 | 7 | 2:44 |
| Finish | 1.20 | 6:01 | 5:00 | 11 | 1:21 | 11 | 1:21 | 6.00 | 29:50 | 4:58 | 7 | 4:05 | 7 | 4:05 |