



4. Arnstädter Alteburgstaffel

Arnstadt / 25.05.2016

Detailed evaluation

Hammereckis

Club: Hammereckis

Number: 20

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 30:01

Speed: 11.99 km/h

Running performance: 5:00 min/km

Rank in course: 8 (of 37)

Best time in course: 25:45

Rank in category: 8(of 37)

Best time in the category: 25:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
Wechsel	1.20	5:43	4:45	12	1:36	12	1:36	1.20	5:43	4:45	12	1:36	12	1:36
Wechsel	1.20	5:37	4:40	3	0:39	3	0:39	2.40	11:20	4:43	5	1:23	5	1:23
Wechsel	1.20	5:55	4:55	8	0:54	8	0:54	3.60	17:15	4:47	3	1:39	3	1:39
Wechsel	1.20	6:31	5:25	16	1:24	16	1:24	4.80	23:46	4:57	6	2:41	6	2:41
Finish	1.20	6:15	5:12	15	1:35	15	1:35	6.00	30:01	5:00	8	4:16	8	4:16