



4. Arnstädter Alteburgstaffel

Arnstadt / 25.05.2016

Detailed evaluation

Hammereckis

Club: Hammereckis

Number: 20

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 30:01

Speed: 11.99 km/h

Running performance: 5:00 min/km

Rank in course: 8 (of 37)

Best time in course: 25:45

Rank in category: 8(of 37)

Best time in the category: 25:45

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos | | Behind | | Total km | Total Time | Total min/km | Pos | | Behind | | |
|---------|----------|------------|--------------|------|-------|--------|-------|----------|------------|--------------|------|-------|--------|-------|------|
| | | | | Cat. | Total | Cat. | Total | | | | Cat. | Total | Cat. | Total | |
| Wechsel | 1.20 | 5:43 | 4:45 | 12 | 12 | 1:36 | 12 | 1.20 | 5:43 | 4:45 | 12 | 12 | 1:36 | 12 | 1:36 |
| Wechsel | 1.20 | 5:37 | 4:40 | 3 | 3 | 0:39 | 3 | 2.40 | 11:20 | 4:43 | 5 | 5 | 1:23 | 5 | 1:23 |
| Wechsel | 1.20 | 5:55 | 4:55 | 8 | 8 | 0:54 | 8 | 3.60 | 17:15 | 4:47 | 3 | 3 | 1:39 | 3 | 1:39 |
| Wechsel | 1.20 | 6:31 | 5:25 | 16 | 16 | 1:24 | 16 | 4.80 | 23:46 | 4:57 | 6 | 6 | 2:41 | 6 | 2:41 |
| Finish | 1.20 | 6:15 | 5:12 | 15 | 15 | 1:35 | 15 | 6.00 | 30:01 | 5:00 | 8 | 8 | 4:16 | 8 | 4:16 |