



26. Arnstädter Citylauf

Arnstadt / 30.04.2016

Detailed evaluation

Hill, Tom Lorenz

Club: Hochsprung mit Musik
Number: 52

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Jugend M13 (13 Jahre)

Total time: 11:59

Speed: 15.02 km/h
Running performance: 3:59 min/km

Rank in course/Total: 1 (of 39)

Rank in course/Men: 1 (of 21)

Best time in course: 11:59

Rank in category: 1(of 2)

Best time in the category: 11:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	7:02	4:05	1	-	1	-	1.72	7:02	4:05	1	-	1	-
Last lap Finish	1.28	4:57	3:52	1	-	1	-	3.00	11:59	3:59	1	-	1	-