



26. Arnstädter Citylauf

Arnstadt / 30.04.2016

Detailed evaluation

Voigtmann, Katja

Club: -

Number: 241

Course: 10.00 km

Schwenninger 10-km-Lauf

Category:

Frauen (20-29 Jahre)

Total time: 43:51

Speed: 13.68 km/h

Running performance: 4:23 min/km

Rank in course/Total: 21 (of 84)

Rank in course/Women: 2 (of 23)

Best time in course: 41:13

Rank in category: 2(of 6)

Best time in the category: 41:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.67	7:22	4:24	2	0:50	2	0:50	1.67	7:22	4:24	2	0:50	2	0:50
Lap 2	2.35	10:17	4:22	2	0:41	2	0:41	4.02	17:39	4:23	2	1:31	2	1:31
Lap 3	2.35	10:26	4:26	2	0:32	2	0:32	6.37	28:05	4:24	2	2:03	2	2:03
Lap 4	2.35	10:26	4:26	2	0:37	2	0:37	8.72	38:31	4:25	2	2:40	2	2:40
Last lap Finish	1.28	5:20	4:09	1	-	1	-	10.00	43:51	4:23	2	2:38	2	2:38