



26. Arnstädter Citylauf
Arnstadt / 30.04.2016

Detailed evaluation

Voigtmann, Katja

Club: -

Number: 241

Course: 10.00 km

Schwenninger 10-km-Lauf

Category:

Frauen (20-29 Jahre)

Total time: 43:51

Speed: 13.68 km/h

Running performance: 4:23 min/km

Rank in course/Total: 21 (of 84)

Rank in course/Women: 2 (of 23)

Best time in course: 41:13

Rank in category: 2(of 6)

Best time in the category: 41:13

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Total min/km | Pos Cat. | Behind Cat. | Total ranking | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------|-------|-----------------|-------------|----------------|---------------|-----------------|
| | | | | | | Pos Women | Behind Women | km | Time | | | | Pos Women | Behind Women |
| Lap 1 | 1.67 | 7:22 | 4:24 | 2 | 0:50 | 2 | 0:50 | 1.67 | 7:22 | 4:24 | 2 | 0:50 | 2 | 0:50 |
| Lap 2 | 2.35 | 10:17 | 4:22 | 2 | 0:41 | 2 | 0:41 | 4.02 | 17:39 | 4:23 | 2 | 1:31 | 2 | 1:31 |
| Lap 3 | 2.35 | 10:26 | 4:26 | 2 | 0:32 | 2 | 0:32 | 6.37 | 28:05 | 4:24 | 2 | 2:03 | 2 | 2:03 |
| Lap 4 | 2.35 | 10:26 | 4:26 | 2 | 0:37 | 2 | 0:37 | 8.72 | 38:31 | 4:25 | 2 | 2:40 | 2 | 2:40 |
| Last lap Finish | 1.28 | 5:20 | 4:09 | 1 | - | 1 | - | 10.00 | 43:51 | 4:23 | 2 | 2:38 | 2 | 2:38 |