



26. Arnstädter Citylauf

Arnstadt / 30.04.2016

Detailed evaluation

Schelle, Justin

Club: LSV Lok Arnstadt
Number: 24

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Jugend M12 (12 Jahre)

Total time: 14:24

Speed: 12.50 km/h
Running performance: 4:48 min/km

Rank in course/Total: 13 (of 39)

Rank in course/Men: 10 (of 21)

Best time in course: 11:59

Rank in category: 3(of 3)

Best time in the category: 12:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	8:19	4:50	3	1:17	10	1:17	1.72	8:19	4:50	3	1:17	10	1:17
Last lap Finish	1.28	6:05	4:45	3	1:05	11	1:08	3.00	14:24	4:47	3	2:22	10	2:25