



26. Arnstädter Citylauf
Arnstadt / 30.04.2016

Detailed evaluation

Barabasch, Kristin

Club: N3 Engine Overhaul Services
Number: 206

Course: 10.00 km
Schwenninger 10-km-Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 49:26

Speed: 12.14 km/h
Running performance: 4:56 min/km

Rank in course/Total: 47 (of 84)
Rank in course/Women: 5 (of 23)
Best time in course: 41:13

Rank in category: 1(of 3)
Best time in the category: 49:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.67	7:26	4:27	1	-	3	0:54	1.67	7:26	4:27	1	-	3	0:54
Lap 2	2.35	11:48	5:01	1	-	7	2:12	4.02	19:14	4:47	1	-	6	3:06
Lap 3	2.35	11:59	5:05	1	-	8	2:05	6.37	31:13	4:54	1	-	5	5:11
Lap 4	2.35	11:52	5:02	1	-	7	2:03	8.72	43:05	4:56	1	-	5	7:14
Last lap Finish	1.28	6:21	4:57	1	-	7	1:01	10.00	49:26	4:56	1	-	5	8:13