



26. Arnstädter Citylauf
 Arnstadt / 30.04.2016

Detailed evaluation

Grund, Ann-Kathrin

Club: LSV Lok Arnstadt
 Number: 8

Course: 3.00 km
 McDonald`s 3-km-Lauf

Category:
 weibliche Kinder W10 (10 Jahre)

Total time: 16:20

Speed: 11.02 km/h
 Running performance: 5:26 min/km

Rank in course/Total: 24 (of 39)
 Rank in course/Women: 11 (of 18)

Best time in course: 12:45
 Rank in category: 2(of 4)
 Best time in the category: 14:38

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-----------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 1.72 | 9:25 | 5:28 | 2 | 1:08 | 11 | 2:20 | 1.72 | 9:25 | 5:28 | 2 | 1:08 | 11 | 2:20 |
| Last lap Finish | 1.28 | 6:55 | 5:24 | 2 | 0:34 | 9 | 1:15 | 3.00 | 16:20 | 5:26 | 2 | 1:42 | 11 | 3:35 |