



26. Arnstädter Citylauf
 Arnstadt / 30.04.2016

Detailed evaluation

Bielig, Pascal

Number: 47

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Jugend M12 (12 Jahre)

Total time: 12:18

Speed: 14.63 km/h

Running performance: 4:06 min/km

Rank in course/Total: 3 (of 39)

Rank in course/Men: 3 (of 21)

Best time in course: 11:59

Rank in category: 2(of 3)

Best time in the category: 12:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	7:03	4:05	2	0:01	3	0:01	1.72	7:03	4:05	2	0:01	3	0:01
Last lap Finish	1.28	5:15	4:06	2	0:15	3	0:18	3.00	12:18	4:06	2	0:16	3	0:19