



26. Arnstädter Citylauf  
 Arnstadt / 30.04.2016

Detailed evaluation

Prasser, Maxi

Club: Sv einheit arnstadt  
 Number: 38

Course: 3.00 km  
 McDonald`s 3-km-Lauf

Category:  
 weibliche Jugend W12 (12 Jahre)

Total time: 16:22

Speed: 11.00 km/h  
 Running performance: 5:28 min/km

Rank in course/Total: 25 (of 39)

Rank in course/Women: 12 (of 18)

Best time in course: 12:45

Rank in category: 2(of 2)

Best time in the category: 15:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	9:26	5:29	2	0:57	12	2:21	1.72	9:26	5:29	2	0:57	12	2:21
Last lap Finish	1.28	6:56	5:25	2	0:20	10	1:16	3.00	16:22	5:27	2	1:17	12	3:37