



26. Arnstädter Citylauf
Arnstadt / 30.04.2016

Detailed evaluation

Rudolf, Hannah

Number: 48

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Kinder W10 (10 Jahre)

Total time: 16:52

Speed: 10.67 km/h

Running performance: 5:37 min/km

Rank in course/Total: 27 (of 39)

Rank in course/Women: 14 (of 18)

Best time in course: 12:45

Rank in category: 3(of 4)

Best time in the category: 14:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	9:38	5:36	3	1:21	14	2:33	1.72	9:38	5:36	3	1:21	14	2:33
Last lap Finish	1.28	7:14	5:39	3	0:53	12	1:34	3.00	16:52	5:37	3	2:14	14	4:07