



26. Arnstädter Citylauf
Arnstadt / 30.04.2016

Detailed evaluation

Stüber, Frank

Club: N3 Engine Overhaul Services
Number: 136

Course: 5.00 km
n3 5-km-Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 23:16

Speed: 12.89 km/h
Running performance: 4:39 min/km

Rank in course/Total: 18 (of 56)

Rank in course/Men: 15 (of 36)

Best time in course: 19:26

Rank in category: 1(of 1)

Best time in the category: 23:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	6:24	4:38	1	-	25	1:00	1.38	6:24	4:38	1	-	25	1:00
Lap 2	2.34	10:55	4:39	1	-	14	1:43	3.72	17:19	4:39	1	-	14	2:42
Last lap Finish	1.28	5:57	4:38	1	-	16	1:08	5.00	23:16	4:39	1	-	15	3:50