



26. Arnstädter Citylauf

Arnstadt / 30.04.2016

Detailed evaluation

Kutke, Peter

Number: 40

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 18:55

Speed: 9.52 km/h

Running performance: 6:19 min/km

Rank in course/Total: 32 (of 39)

Rank in course/Men: 17 (of 21)

Best time in course: 11:59

Rank in category: 1(of 1)

Best time in the category: 18:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	10:24	6:02	1	-	19	3:22	1.72	10:24	6:02	1	-	19	3:22
Last lap Finish	1.28	8:31	6:39	1	-	17	3:34	3.00	18:55	6:18	1	-	17	6:56