



26. Arnstädter Citylauf

Arnstadt / 30.04.2016

Detailed evaluation

Schubert, Beat

Club: FV Hochsprung Mit Musik
Number: 44

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Kinder M10 (10 Jahre)

Total time: 19:29

Speed: 9.24 km/h
Running performance: 6:29 min/km

Rank in course/Total: 33 (of 39)

Rank in course/Men: 18 (of 21)

Best time in course: 11:59

Rank in category: 4(of 4)

Best time in the category: 12:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	10:19	5:59	4	3:15	17	3:17	1.72	10:19	5:59	4	3:15	17	3:17
Last lap Finish	1.28	9:10	7:09	4	3:51	18	4:13	3.00	19:29	6:29	4	7:06	18	7:30