



26. Arnstädter Citylauf
Arnstadt / 30.04.2016

Detailed evaluation

Somers, Erin

Club: N3 Engine Overhaul Services
Number: 135

Course: 5.00 km
n3 5-km-Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 24:52

Speed: 12.06 km/h
Running performance: 4:58 min/km

Rank in course/Total: 23 (of 56)

Rank in course/Women: 3 (of 20)

Best time in course: 22:21

Rank in category: 2(of 4)

Best time in the category: 23:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	6:50	4:57	2	0:26	4	0:51	1.38	6:50	4:57	2	0:26	4	0:51
Lap 2	2.34	11:39	4:58	2	0:43	3	1:03	3.72	18:29	4:58	2	1:09	3	1:54
Last lap Finish	1.28	6:23	4:59	2	0:31	3	0:37	5.00	24:52	4:58	2	1:40	3	2:31