



26. Arnstädter Citylauf  
 Arnstadt / 30.04.2016

Detailed evaluation

Hoppe, Janine

Club: Keiner  
 Number: 116

Course: 5.00 km  
 n3 5-km-Lauf

Category:  
 Frauen (20-29 Jahre)

Total time: 27:00

Speed: 11.11 km/h  
 Running performance: 5:24 min/km

Rank in course/Total: 26 (of 56)  
 Rank in course/Women: 4 (of 20)  
 Best time in course: 22:21

Rank in category: 1(of 2)  
 Best time in the category: 27:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	7:02	5:05	1	-	5	1:03	1.38	7:02	5:05	1	-	5	1:03
Lap 2	2.34	12:59	5:32	1	-	4	2:23	3.72	20:01	5:22	1	-	5	3:26
Last lap Finish	1.28	6:59	5:27	1	-	5	1:13	5.00	27:00	5:24	1	-	4	4:39