



26. Arnstädter Citylauf
Arnstadt / 30.04.2016

Detailed evaluation

Merten, Linette

Club: LSV Ilmenau
Number: 123

Course: 5.00 km
n3 5-km-Lauf

Category:
weibliche Jugend W15 (15 Jahre)

Total time: 27:11

Speed: 11.04 km/h
Running performance: 5:26 min/km

Rank in course/Total: 28 (of 56)
Rank in course/Women: 5 (of 20)
Best time in course: 22:21

Rank in category: 1(of 3)
Best time in the category: 27:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	6:44	4:52	1	-	3	0:45	1.38	6:44	4:52	1	-	3	0:45
Lap 2	2.34	13:05	5:35	1	-	5	2:29	3.72	19:49	5:19	1	-	4	3:14
Last lap Finish	1.28	7:22	5:45	1	-	6	1:36	5.00	27:11	5:26	1	-	5	4:50