



26. Arnstädter Citylauf

Arnstadt / 30.04.2016

Detailed evaluation

Hartmann, Peggy

Club: Die flinken Gerataler
Number: 157

Course: 5.00 km
n3 5-km-Lauf

Category:
weibliche Jugend W14 (14 Jahre)

Total time: 29:06

Speed: 10.31 km/h
Running performance: 5:49 min/km

Rank in course/Total: 37 (of 56)
Rank in course/Women: 10 (of 20)
Best time in course: 22:21

Rank in category: 1(of 1)
Best time in the category: 29:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	7:32	5:27	1	-	13	1:33	1.38	7:32	5:27	1	-	13	1:33
Lap 2	2.34	14:07	6:01	1	-	11	3:31	3.72	21:39	5:49	1	-	11	5:04
Last lap Finish	1.28	7:27	5:49	1	-	7	1:41	5.00	29:06	5:49	1	-	10	6:45