



26. Arnstädter Citylauf

Arnstadt / 30.04.2016

Detailed evaluation

Reinsch, Jasmin

Club: Feuerwer Arnstadt

Number: 22

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend U18 (16-17 Jahre)

Total time: 24:23

Speed: 7.38 km/h

Running performance: 8:08 min/km

Rank in course/Total: 38 (of 39)

Rank in course/Women: 17 (of 18)

Best time in course: 12:45

Rank in category: 2(of 2)

Best time in the category: 15:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	13:48	8:01	2	5:14	17	6:43	1.72	13:48	8:01	2	5:14	17	6:43
Last lap Finish	1.28	10:35	8:16	2	4:07	17	4:55	3.00	24:23	8:07	2	9:21	17	11:38