



26. Arnstädter Citylauf  
 Arnstadt / 30.04.2016

Detailed evaluation

Müller, Tanja

Total time: 33:13

Number: 142

Speed: 9.03 km/h

Running performance: 6:38 min/km

Course: 5.00 km

Rank in course/Total: 50 (of 56)

n3 5-km-Lauf

Rank in course/Women: 19 (of 20)

Category:

Best time in course: 22:21

Seniorinnen W35 (35-39 Jahre)

Rank in category: 1(of 2)

Best time in the category: 33:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	8:55	6:27	2	0:07	20	2:56	1.38	8:55	6:27	2	0:07	20	2:56
Lap 2	2.34	15:30	6:37	1	-	19	4:54	3.72	24:25	6:33	1	-	19	7:50
Last lap Finish	1.28	8:48	6:52	1	-	19	3:02	5.00	33:13	6:38	1	-	19	10:52