



26. Arnstädter Citylauf
Arnstadt / 30.04.2016

Detailed evaluation

Lehmann, Julius

Club: LSV Lok Arnstadt
Number: 16

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Kinder M10 (10 Jahre)

Total time: 12:23

Speed: 14.54 km/h
Running performance: 4:08 min/km

Rank in course/Total: 4 (of 39)

Rank in course/Men: 4 (of 21)

Best time in course: 11:59

Rank in category: 1(of 4)

Best time in the category: 12:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	7:04	4:06	1	-	4	0:02	1.72	7:04	4:06	1	-	4	0:02
Last lap Finish	1.28	5:19	4:09	1	-	4	0:22	3.00	12:23	4:07	1	-	4	0:24