



26. Arnstädter Citylauf

Arnstadt / 30.04.2016

Detailed evaluation

Teuber, Patrice

Club: LSV Lok Arnstadt
Number: 27

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Jugend M13 (13 Jahre)

Total time: 12:37

Speed: 14.27 km/h
Running performance: 4:13 min/km

Rank in course/Total: 5 (of 39)

Rank in course/Men: 5 (of 21)

Best time in course: 11:59

Rank in category: 2(of 2)

Best time in the category: 11:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	7:17	4:14	2	0:15	5	0:15	1.72	7:17	4:14	2	0:15	5	0:15
Last lap Finish	1.28	5:20	4:09	2	0:23	5	0:23	3.00	12:37	4:12	2	0:38	5	0:38