



26. Arnstädter Citylauf

Arnstadt / 30.04.2016

Detailed evaluation

Kallmeyer, Vincent

Club: kein

Number: 103

Course: 5.00 km

n3 5-km-Lauf

Category:

männliche Jugend M13 (13 Jahre)

Total time: 36:06

Speed: 8.31 km/h

Running performance: 7:13 min/km

Rank in course/Total: 54 (of 56)

Rank in course/Men: 33 (of 36)

Best time in course: 19:26

Rank in category: 3(of 3)

Best time in the category: 26:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	9:37	6:58	3	3:00	35	4:13	1.38	9:37	6:58	3	3:00	35	4:13
Lap 2	2.34	18:04	7:43	3	4:58	35	8:52	3.72	27:41	7:26	3	7:58	35	13:04
Last lap Finish	1.28	8:25	6:34	3	1:12	33	3:36	5.00	36:06	7:13	3	9:10	33	16:40