



26. Arnstädter Citylauf

Arnstadt / 30.04.2016

Detailed evaluation

Anderle, Florian

Club: RSV Stadtilm
Number: 277

Course: 10.00 km
Schwenninger 10-km-Lauf

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 37:26

Speed: 16.03 km/h
Running performance: 3:44 min/km

Rank in course/Total: 1 (of 84)

Rank in course/Men: 1 (of 61)

Best time in course: 37:26

Rank in category: 1(of 1)

Best time in the category: 37:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Men	Behind Men					
Lap 1	1.67	6:01	3:36	1	-	1	-	1.67	6:01	3:36	1	-	1	-			
Lap 2	2.35	9:05	3:51	1	-	2	0:05	4.02	15:06	3:45	1	-	1	-			
Lap 3	2.35	9:08	3:53	1	-	2	0:10	6.37	24:14	3:48	1	-	2	0:01			
Lap 4	2.35	8:52	3:46	1	-	1	-	8.72	33:06	3:47	1	-	1	-			
Last lap Finish	1.28	4:20	3:23	1	-	1	-	10.00	37:26	3:44	1	-	1	-			