



13. Asklepios Tritrekk
Bad Salzungen, Burgsee / 07.08.2016

Detailed evaluation

Beck & Reckenbeil, Maria & Lucas

Club: LT Altensteiner Park
Number: 501

Course: 25.20 km

12. Asklepios TriTrek Nordic Walking

Category:

Mix Nordic Walking

Total time: 1:37:49

Speed: 15.33 km/h

Running performance: 3:53 min/km

Rank in course/Total: 9 (of 11)

Rank in course/Total: 7 (of 9)

Best time in course: 1:28:02

Rank in category: 7(of 9)

Best time in the category: 1:28:02

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Ziel Kanu	1.30	9:40	7:26	7	1:00	7	1:00	1.30	9:40	7:26	10	1:00	10	1:00
Start Rad	2.00	fehlt!	-	-	-	-	-	3.30	-	-	-	-	-	-
Ziel Rad	13.70	36:17	2:38	8	5:31	8	5:31	17.00	45:57	2:42	10	-	10	-
Start Lauf	2.00	fehlt!	-	-	-	-	-	19.00	-	-	-	-	-	-
Ziel Lauf	6.20	51:52	8:21	9	3:36	9	3:36	25.20	1:37:49	3:52	7	9:47	7	9:47