



8. Lauf Rund um das Schaubergwerk Röhrigschacht
Sangerhausen / 02.04.2016

Detailed evaluation

Hensmanns, Thomas

Club: KSV Baunatal

Number: 72

Course: 14.60 km

14,6 km Lauf - Steigerschleife

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:14:51

Speed: 11.22 km/h

Running performance: 5:08 min/km

Rank in course/Total: 22 (of 67)

Rank in course/Men: 21 (of 54)

Best time in course: 58:06

Rank in category: 3(of 9)

Best time in the category: 1:09:06