



8. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 02.04.2016

Detailed evaluation

Spangenberg, Angelika

Club: KSV Baunatal

Number: 243

Course: 14.60 km

14,6 km Lauf - Steigerschleife

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:33:24

Speed: 8.99 km/h

Running performance: 6:24 min/km

Rank in course/Total: 58 (of 67)

Rank in course/Women: 10 (of 13)

Best time in course: 1:05:24

Rank in category: 2(of 2)

Best time in the category: 1:32:46