



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Lemke, Colin

Club: LG Braunschweig  
Number: 885

Course: 1.80 km  
1,8 km - Lauf

Category:  
männliche Kinder U12 (10-11 Jahre)

Total time: 7:16

Speed: 14.86 km/h  
Running performance: 4:02 min/km

Rank in course/Total: 19 (of 142)

Rank in course/Men: 15 (of 79)

Best time in course: 5:56

Rank in category: 6(of 22)

Best time in the category: 6:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Blochhauer	0.90	3:49	4:14	5	0:27	15	0:46	0.90	3:49	4:14	5	0:27	15	0:46
Ilseburg/Markt	0.90	3:27	3:50	10	0:32	17	0:34	1.80	7:16	4:02	6	0:59	15	1:20