



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Pavenstädt, Jan Owe

Club: LG Braunschweig
Number: 880

Course: 1.80 km
1,8 km - Lauf

Category:
männliche Kinder U12 (10-11 Jahre)

Total time: 7:17

Speed: 14.83 km/h
Running performance: 4:03 min/km

Rank in course/Total: 20 (of 142)

Rank in course/Men: 16 (of 79)

Best time in course: 5:56

Rank in category: 7(of 22)

Best time in the category: 6:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Blochhauer	0.90	4:01	4:27	10	0:39	22	0:58	0.90	4:01	4:27	10	0:39	22	0:58
Ilseburg/Markt	0.90	3:16	3:37	5	0:21	10	0:23	1.80	7:17	4:02	7	1:00	16	1:21