



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Rix, Nathalie

Club: LG Braunschweig
Number: 890

Course: 1.80 km
1,8 km - Lauf

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 7:11

Speed: 15.03 km/h
Running performance: 3:59 min/km

Rank in course/Total: 17 (of 142)

Rank in course/Women: 3 (of 63)

Best time in course: 6:48

Rank in category: 3(of 7)

Best time in the category: 6:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Blochhauer	0.90	3:56	4:22	6	0:20	8	0:20	0.90	3:56	4:22	6	0:20	8	0:20
Ilseburg/Markt	0.90	3:15	3:36	2	0:03	2	0:03	1.80	7:11	3:59	3	0:23	3	0:23