



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Wernicke, Lara

Club: TV 1862 Langen
Number: 855

Course: 1.80 km
1,8 km - Lauf

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 8:24

Speed: 7.14 km/h
Running performance: 4:40 min/km

Rank in course/Total: 50 (of 142)

Rank in course/Women: 18 (of 63)

Best time in course: 6:48

Rank in category: 7 (of 7)

Best time in the category: 6:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Blochhauer	0.90	4:10	4:37	7	0:34	14	0:34	0.90	4:10	4:37	7	0:34	14	0:34
Ilseburg/Markt	0.90	4:14	4:42	7	1:02	22	1:02	1.80	8:24	4:40	7	1:36	18	1:36