



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Kruse, Timo

Club: LG Braunschweig
Number: 659

Course: 3.90 km
3,9 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 14:10

Speed: 16.52 km/h
Running performance: 3:38 min/km

Rank in course/Total: 2 (of 53)

Rank in course/Men: 2 (of 27)

Best time in course: 13:58

Rank in category: 1(of 5)

Best time in the category: 14:10

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Prinzess Ilse Que	1.90	7:19	3:51	1	-	1	-	1.90	7:19	3:51	1	-	1	-
Ilseburg/Markt	2.00	6:51	3:25	1	-	2	0:12	3.90	14:10	3:37	1	-	2	0:12