



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Dahlhaus, Franziska

Club: NSV Wernigerode
Number: 721

Course: 3.90 km
3,9 km - Lauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 18:04

Speed: 9.96 km/h
Running performance: 4:38 min/km

Rank in course/Total: 13 (of 53)
Rank in course/Women: 3 (of 26)
Best time in course: 15:21

Rank in category: 1(of 1)
Best time in the category: 18:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	9:18	4:53	1	-	3	1:28	1.90	9:18	4:53	1	-	3	1:28
Ilseburg/Markt	2.00	8:46	4:23	1	-	6	1:15	3.90	18:04	4:37	1	-	3	2:43